



COSHH POLICY STATEMENT

COSHH is the law that requires employers to control substances that are hazardous to health. We will risk assess any substances hazardous to health that we may use within Yu! Martial Arts Collective, and act appropriately in accordance with the principles of good practice set out by the HSE (Health and Safety Executive)

- *Design and operate processes and activities to minimise emission, release and spread of substances hazardous to health.*
- *Take into account all relevant routes of exposure – inhalation, skin absorption and ingestion – when developing control measures.*
- *Control exposure by measures that are proportionate to the health risk.*
- *Choose the most effective and reliable control options which minimise the escape and spread of substances hazardous to health.*
- *Where adequate control of exposure cannot be achieved by other means, provide, in combination with other control measures, suitable personal protective equipment.*
- *Check and review regularly all elements of control measures for their continuing effectiveness.*
- *Inform and train all employees on the hazards and risks from the substances with which they work and the use of control measures developed to minimise the risks.*
- *Ensure that the introduction of control measures does not increase the overall risk to health and safety.*

Related policies/legislation/guidance

- ❖ <https://www.hse.gov.uk/pubns/indg136.pdf>
- ❖ Control of Substances Hazardous to Health (COSHH 2002)
- ❖ Health and Safety Policy